Free Practice Log for Musicians

Daily practice tracker, repertoire log, and routine checklist

Name: _____ Month: _____

Daily Practice Log

Date	Day	Warm-Up	Scales/Tech	Min. Tech	Repertoire Piece	Min. Rep.	BPM	Sight-Read	Total Min	Notes

Repertoire Tracker

Piece	Starting Tempo	Current Tempo	Status

Practice Routine Shape

- [ ] Warm-up (5-10 min)
- [ ] Technique / scales (10-15 min)
- [ ] Repertoire in small sections (15-20 min)
- [ ] Sight-reading or ear training (a few min)

Log the honest number even on short days — a quick 20-minute entry keeps the streak alive. Check Repertoire Tracker weekly to see tempo and status move, not just minutes.