Reusable Laminated Habit Tracker

Wipe-clean monthly grid

Month: _____

Habit	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Total

Key

- ☐ Done
- ☐ Partial
- ☐ Skipped

Weekly Notes

Fill in daily boxes with a wet-erase marker, not a standard dry-erase marker, to avoid smearing or ghost marks on the laminate. Wipe clean with a damp cloth at the end of each month and reuse the same sheet next month.