

Family Chore & Habit Tracker

Weekly checklist for chores and habits

Name: _____ Week of: _____

Chore & Habit Checklist

Chore/Habit	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Total
Make bed								
Brush teeth								
Homework								
Dishes								
Feed pet								
Read 20 min								

Notes / Rewards

Make one copy per family member and write their name at the top. Reset the boxes every week so totals don't carry over.