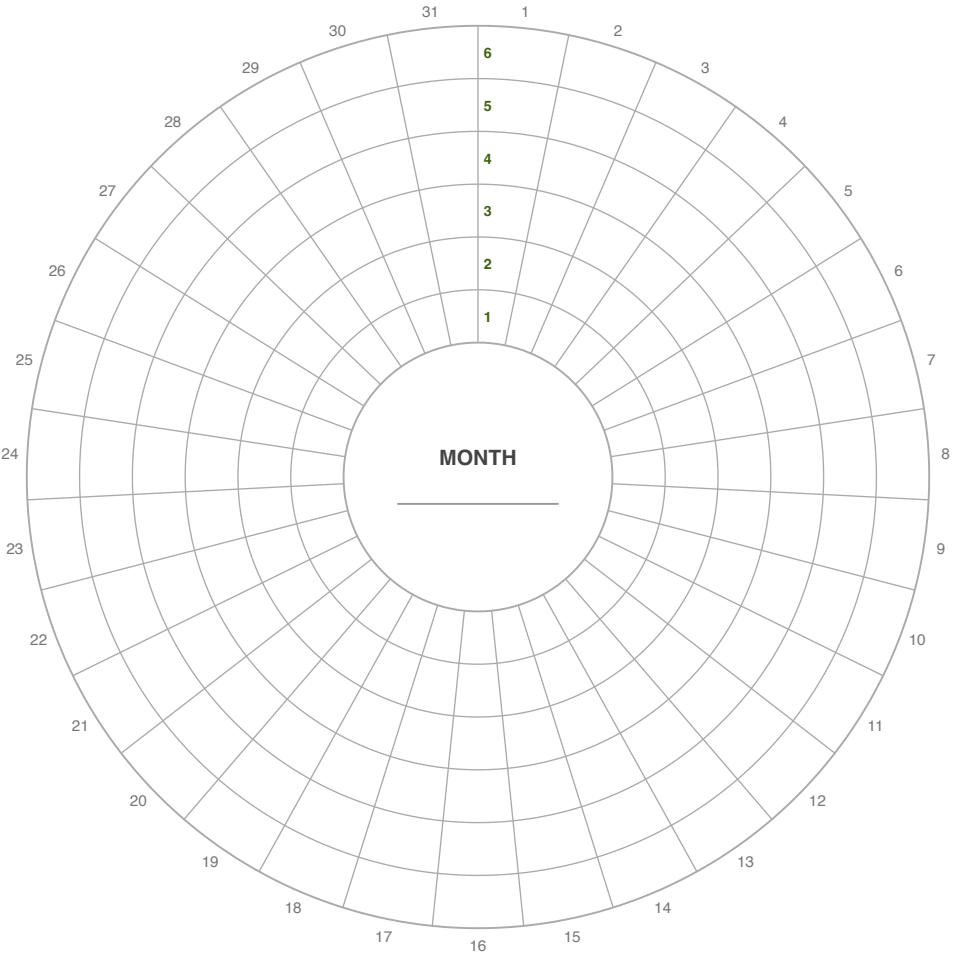


Circle Habit Tracker



Rings (inside → out)

1

2

3

4

5

6

Monthly reflection

Each ring is one habit, each wedge is one day. Color the segment when the habit is done — a full ring shows a strong habit, gaps show where to make it easier. Short month? Shade the extra wedges.